

Do you feel confident talking to your partner about using contraception, like the pill?

Does he respect your decision if you don't wish to have sex?

Do you feel okay about talking to your partner about if or when you might want to get pregnant? Would he always respect your wishes about this?

If you answered yes to these questions it sounds like you might be in a healthy relationship right now. You can help others by giving this card to someone you might be worried about.

Are you worried or afraid to talk with your sexual partner about using contraception?

Has anyone ever messed or tampered with your contraception to try to make you become pregnant? Do condoms seem to break often, or pills get thrown away?

Have you been forced to have sex when you did not want to?

Has anyone threatened you or made you feel afraid if you didn't do what they wanted you to with a pregnancy - whether forcing you to continue OR to end your pregnancy?

Has your partner (or others) ever put pressure on you to get pregnant when you did not feel ready or right about it?

If you answered yes to any of these questions you may not be in control of pregnancy decisions in your relationship.

Talk to your doctor or antenatal care professional about your concerns (maybe even take this brochure with you), or find your local support service at 1800respect.org.au.

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Relationship violence can come in many forms, and one of the things it affects could be your sexual and reproductive health.

Every woman should have the right to choose if and when she gets pregnant.

For information and support on all your pregnancy options - abortion, adoption and parenting - or about contraceptive methods which might give you more control, visit us online at childrenbychoice.org.au or free call 1800 177 725 Queensland-wide.

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who controls pregnancy decisions in your relationship?

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