

Culture and Language Inclusive Practice Studio

By Liliana Sanchez

CHILDREN BY CHOICE
ASSOCIATION INCORPORATED



MOVING CULTURES
MOVING STORIES
Ethical Storytelling



WorkUP
QUEENSLAND

Acknowledgement

I would like to acknowledge the First Nations people of this land. I honour and commit to continue to learn from the voices of past, present and emerging leaders of this land. May they continue to pave the way to a future where everyone has equal opportunity to belong, contribute and thrive in this country we call Australia.

This land was never ceded

ALWAYS WAS

ALWAYS WILL BE

ABORIGINAL LAND





“If you have come to help me,
you are wasting your time. If
you have come because your
liberation is bound up with
mine, then let us work
together”

LILLA WATSON, ABORIGINAL ELDER,
ACTIVIST AND EDUCATOR FROM QUEENSLAND



Liliana Maria

What's missing?

There is an increasing body of literature that identifies barriers to migrant and refugee women's access to SRH.

What's missing: how women from migrant and refugee backgrounds would like to receive SRH information and care.



Liliana Maria

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Culture and Language

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WorkUP's Multicultural and Settlement
Services Supporting Women

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Experiencing Violence (MuSeS) project
provided CLIPS with evidence about the

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current and potential role of settlement
and multicultural services in supporting

S

migrant and refugee women
experiencing violence.

CLIPS...

Co-design in-language health information resources for culturally and Linguistically Diverse (CALD) women to consider pregnancy options, contraception and reproductive coercion.

Ensuring that all women have access to culturally appropriate, compassionate, non-biased, evidence-based information in their own language.





know your choices, be informed

Recognising reproductive coercion and abuse

What is Reproductive Coercion?

Reproductive coercion and abuse is a behaviour aimed at establishing power and control by interfering with a pregnant person's reproductive autonomy, controlling and /or interfering with the person's decision making and access to options regarding their reproductive health and reproductive choices.

Reproductive coercion and abuse can show up through:

- Pressure to become pregnant
- Hiding, removing or throwing away contraception
- Controlling your decision about continuing or terminating a pregnancy



Pregnancy pressure

Pressure to become pregnant can sound like:

"If you have my baby, I will know you really love me"

"If we have a baby together, I promise things will get better"

"We are married, why aren't you becoming pregnant?"

"If we have a baby, it will bring joy to my family"



Hiding, removing or throwing away contraception

This can look like:

The physical removal of contraception from your body.

Not paying for or stopping payment for contraception.

Making holes in a condom or removing the condom during sex.

This can sound like:

"I don't want you to use the pill or any form of contraception"

"If you use contraception I will leave you"

"Condoms are uncomfortable, I will not use them"

"We are married, we do not need to use condoms or contraception"



Controlling your decision about continuing or terminating a pregnancy

This can sound like:

"If you love me, you will have my baby"

"I want a son/daughter, we will continue to have children until we have a son/daughter"

"If you have this baby, you will bring shame to me and my family"

Reproductive coercion is a form of abuse, for help and support you can talk to Children by Choice on 1800 177 725 www.childrenbychoice.org.au

If you are experiencing sexual violence or any form of violence and abuse you can contact DV Connect: 1800 811 811 www.dvconnect.org



Collaboration & Solidarity



Centre women with lived
experience as experts of
their culture, their needs
and their bodies.



Liliana Maria

Speaking and engaging
with community in a
meaningful and
ongoing way.



Leave your
assumptions
behind.



Create a safe space
culturally and trauma
informed.



Work with businesses and organisations that align with the lived experiences of migrant and refugee communities.



WorkUP
QUEENSLAND

AMORA

EST. 2013



Ethnolink



**MULTICULTURAL
AUSTRALIA**
it's who we are



Liliana Maria

Introductions

Sara Yousif

Rocio Tapina

Ani Rahebeh

Carolina Villaça

Theresa Kellett



Questions?



Liliana Maria

Thank you!

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