

Reproductive Coercion and Abuse  
Easy English

# What is Reproductive Coercion and Abuse?



# New Words



There may be new words in this resource.

The first time we write a new word

- the word is in **orange**.



This means we will explain what the word means.

# Reproductive Coercion and Abuse



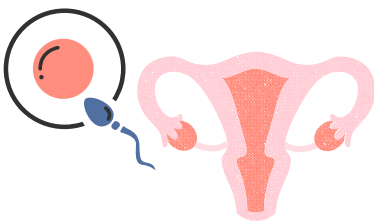
This can be called reproductive pressure.

When we talk about **reproductive coercion and abuse** we mean:



## Reproductive

This is about getting pregnant.



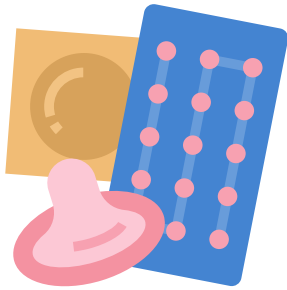
It is also about the parts of your body that are used for sex and pregnancy.



## Coercion and Abuse

This means someone is trying to force or hurt you.

# Contraception



We will also use the word **Contraception**.

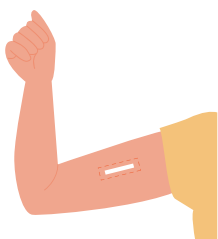
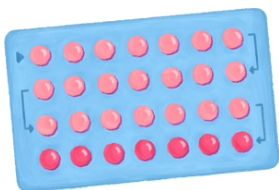


Contraception can stop you from getting pregnant.



This can be...

- condoms
- pills
- implants
- or other types.



# Reproductive pressure looks like...



Someone might pressure you to **get pregnant**. They might...

- force you to have sex
- stop you from using contraception.



Someone might **stop you from getting pregnant** when you want to.

- They might make you use contraception.





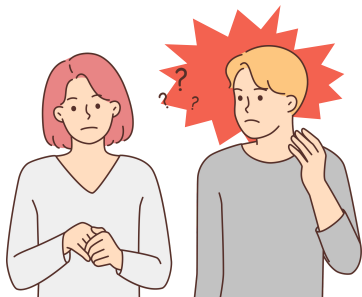
Someone might pressure you to **end a pregnancy**. They might...

- force you to have an abortion
- hurt you.



Someone might pressure you to **continue a pregnancy**. They might...

- stop you from seeing a doctor
- make threats or blackmail you.



# They might say...



"You cannot look after a baby.  
You can't have this baby."



"If you have an abortion I will  
break up with you."



"I want this baby. I won't let you  
have an abortion."



"If you love me you'll have a baby  
with me."

"If you love me you won't use a  
condom."



"If you have the baby I will hurt  
you."

# Who does it?



Different people might pressure you...

- a partner or boyfriend
- a family member
- a carer or doctor.



It can feel like you are being bullied.

It is not okay for someone to pressure you.



You get to decide when you want to have a baby.

It is **your** choice.



# If someone is pressuring you or you have questions, talk to someone you trust. This may be...



- your doctor or sexual health service



- a friend

- a parent



- a social worker or counsellor.



## You can call...

1800 Respect on  
**1800 737 732**

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