

Easy English Resources

For practitioners:

Use these resources to support your clients to understand their options and rights in regards to Consent, Contraception, Pregnancy Options and Reproductive Coercion and Abuse.

Scan the QR codes to download the books.

They can help you understand more about your sexual and reproductive health.

Pregnancy Options

I am pregnant.
What are my choices?



Contraception

Contraception
can stop you
getting pregnant.



Consent

What is Consent?



RCA

What is
Reproductive
Coercion and Abuse?



Find out more about this project on our website:
www.childrenbychoice.org.au

These resources were developed by **Children by Choice** and **WWILD Sexual Violence Prevention** and was funded by 100 Women and the Queensland Government – Department of Justice and Attorney-General. They were co-designed with a group of incredible women with intellectual and learning disabilities and informed by consultation with key stakeholders from violence, disability and health-related services. We would like to thank all the women and professionals who helped us with this project, giving their time, expertise and experiences to support the development of this group of resources.

People with intellectual disabilities generally don't receive the same amount of relationships and sex education, and have less chance to make their own informed decisions as the general population which can mean that they are more likely to experience sexual or domestic violence. The aim of these resources are to assist professionals or supporters in helping people develop an understanding of consent, contraception, pregnancy options and reproductive coercion (RCA). It will assist people to recognise red flags of RCA as well. We hope they will assist professionals or supporters in having clear conversations about key reproductive and health rights issues with clients or patients who may struggle with verbal communication and comprehension. The more factual information people have, the more likely they will be able to make the best decisions for them.