



4 When to Reach Out

Consider contacting Children by Choice if:

- You are **unsure of local referral pathways**
- **Gestation is approaching service limits**
- The patient has **complex circumstances** (e.g. financial barriers, travel, visa status)
- You need **support navigating public and private options**

We can assist both clinicians and patients to coordinate care.

Need more information?
Contact us!

CHILDREN BY CHOICE

Children by Choice is a Queensland-based, non-profit organisation providing:

- Pregnancy options counselling
- Referral and care navigation
- Financial assistance for eligible clients

1800 177 725

www.childrenbychoice.org.au

Keep this guide for quick reference in consults

Children by Choice guide for Primary Health Practitioners

Patient Requesting Abortion Care

Practical steps, referral pathways and support services



1 In the Consult

When a patient requests abortion care:

- Provide **non-directive, patient-centred counselling**
- **Confirm gestation** (LMP ± ultrasound if indicated)
- Discuss **available options** (medical and/or procedural, depending on gestation and access)
- Be mindful that care is **time-sensitive**

Important to note:

Early connection to appropriate services supports timely access and continuity of care.

2 Referral Pathway

Pathways in Queensland may include:

- Public hospital services (visit local “refer your patient” site)
- Queensland Virtual Early Medical Termination of Pregnancy Service
- Private abortion providers (MSI, Brisbane South Private Hospital, East Coast Women’s Centre)

Children by Choice can support with:

- **Pregnancy options counselling**
- **Referral pathway navigation**
- **Financial assistance** (brokerage) for eligible patients



Scan me

Pregnancy
Options Map

CHILDREN BY CHOICE

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Conscientious Objection

If you have a conscientious objection you are **legally required** in Qld to:



- **REFER** the patient in a timely manner
- This can be to **another GP who provides abortion care** or a **public or private provider**