

Reproductive Coercion and Abuse
Easy English

What is Reproductive Coercion and Abuse?



CHILDREN BY CHOICE



New Words



There may be new words in this resource.

The first time we write a new word

- the word is in **orange**.



This means we will explain what the word means.

Reproductive Coercion and Abuse



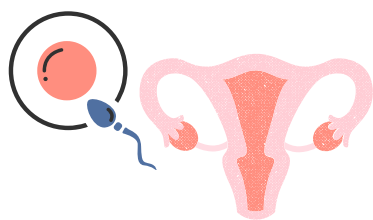
This can be called reproductive pressure.

When we talk about **reproductive coercion and abuse** we mean:



Reproductive

This is about getting pregnant.



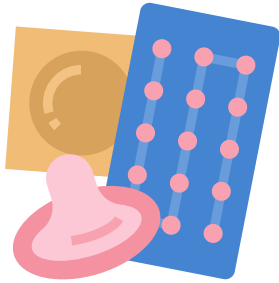
It is also about the parts of your body that are used for sex and pregnancy.



Coercion and Abuse

This means someone is trying to force or hurt you.

Contraception



We will also use the word **Contraception**.

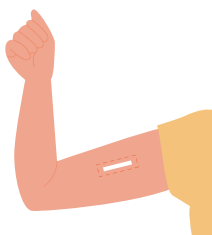
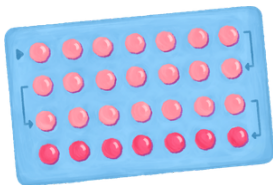


Contraception can stop you from getting pregnant.



This can be...

- condoms
- pills
- implants
- or other types.



Reproductive pressure looks like...



Someone might pressure you to **get pregnant**. They might...

- force you to have sex
- stop you from using contraception.



Someone might **stop you from getting pregnant** when you want to.

- They might make you use contraception.





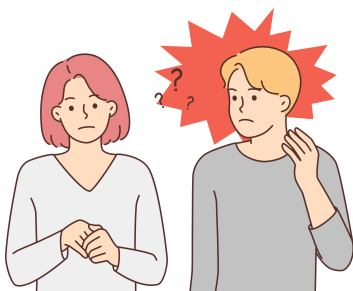
Someone might pressure you to **end a pregnancy**. They might...

- force you to have an abortion
- hurt you.



Someone might pressure you to **continue a pregnancy**. They might...

- stop you from seeing a doctor
- make threats or blackmail you.



They might say...



"You cannot look after a baby.
You can't have this baby."



"If you have an abortion I will
break up with you."



"I want this baby. I won't let you
have an abortion."



"If you love me you'll have a baby
with me."

"If you love me you won't use a
condom."



"If you have the baby I will hurt
you."

Who does it?



Different people might pressure you...

- a partner or boyfriend
- a family member
- a carer or doctor.



It can feel like you are being bullied.

It is not okay for someone to pressure you.



You get to decide when you want to have a baby.

It is **your** choice.

If someone is pressuring you or you have questions, talk to someone you trust. This may be...



- your doctor or sexual health service



- a friend

- a parent



- a social worker or counsellor.



You can call...

1800 Respect on
1800 737 732

This booklet and its content was developed and published by **WWILD SVP Association Inc.©** and **Children By Choice©**

Content was adapted from the Children by Choice website:
www.childrenbychoice.org.au

This booklet has been created with the help of WWILD women and a range of Queensland Service Providers.
www.wwild.org.au

This project was funded by 100 Women and the Queensland Government – Department of Justice and Attorney-General

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